



EUGENE METRO FC

U15 – U19

COLLEGE RECRUITING CALENDAR

FRESHMAN YEAR

JULY – DECEMBER:

ATHLETIC

- Create your profile on SportsRecruits.
- Inform club/high school coaches that you have interest in playing at the college level.
 - *Coaches are a great resource for supporting your college recruiting effort.*
- Note 5 dream programs.

ACADEMIC

- Talk to an Academic Counselor about your interest in playing college soccer.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Try your best to get and maintain at least a 3.0 GPA.

JANUARY – JUNE:

ATHLETIC

- Update SportsRecruits profile with accolades from high school.
- Research and save schools of interest using SportsRecruits.
 - *SportsRecruits is a great tool for helping you filter and research schools and programs.*
- Become comfortable creating highlights on SportsRecruits.

ACADEMIC

- Stay in contact and updated with your Academic Counselor.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Try your best to finish the year with at least a 3.0 GPA.

SOPHOMORE YEAR

JULY – DECEMBER:

ATHLETIC

- Create/Update your SportsRecruits profile with the most current information and film.
- Inform club/high school coaches that you have interest in playing at the college level.
 - *Coaches are a great resource for supporting your college recruiting effort.*
- Research and save schools of interest using SportsRecruits.
 - *SportsRecruits is a great tool for helping you filter and research schools and programs.*

ACADEMIC

- Talk to an Academic Counselor about your interest in playing college soccer.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Start thinking about majors of interest to study in college.
- Try your best to get and maintain at least a 3.0 GPA.

JANUARY – JUNE:

ATHLETIC

- Update any information and film on SportsRecruits.
- Continue to research and favorite schools of interest on SportsRecruits.
- Research and email coaches that will be at showcases you are attending.
- Start looking into ID Camps – attend one for the experience!

ACADEMIC

- Stay in contact and updated with your Academic Counselor.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Continue to think about majors of interest to study in college.
- Try your best to finish the year with at least a 3.0 GPA.

JUNIOR YEAR

JULY – DECEMBER:

ATHLETIC

- Create/Update your SportsRecruits profile with the most current information and film.
- Inform club/high school coaches that you have interest in playing at the college level.
 - *Coaches are a great resource for supporting your college recruiting effort.*
- Research and save schools of interest using SportsRecruits.
 - *SportsRecruits is a great tool for helping you filter and research schools and programs.*
 - *By Junior Year your list of schools should start to narrow down.*
- Register for [NCAA](#).
- Register for [NAIA](#).
- Email coaches film from your list of desired schools.
 - *Check programs website for current coaches contact information.*
 - *Email head coach as well as one or two assistant coaches.*

ACADEMIC

- Talk to an Academic Counselor about your interest in playing college soccer.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Start narrowing down majors of interest to study in college.
- Try your best to get and maintain at least a 3.0 GPA.
- Register for ACT/SAT.
 - *Check with Academic Counselor about how to register, fees, and dates of exams.*
 - *Check with interested schools if ACT/SAT test scores are required for acceptance.*

JUNIOR YEAR CONTINUED

JANUARY – JUNE:

ATHLETIC

- Update any information and film on SportsRecruits.
- Continue to narrow down schools of interest.
- Continue to maintain contact with college coaches.
 - *If a desired college is in close proximity share club/tournament game schedule with them.*
- If possible, attend a targeted school's ID Camps.

ACADEMIC

- Stay in contact and updated with your Academic Counselor.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
- Start to narrow down majors of interest to study in college.
- Visit/Tour or set up an online tour of desired college campuses.
- Try your best to finish the year with at least a 3.0 GPA.

SENIOR YEAR

JULY – DECEMBER:

ATHLETIC

- Create/Update SportsRecruits profile to ensure all information and film is up to date.
- Inform club/high school coaches that you have interest in playing at the college level.
 - *Coaches are a great resource for supporting your college recruiting effort.*
- List of target schools should be locked down.
- Register for [NCAA](#) if you have not already done so.
- Register for [NAIA](#) if you have not already done so.
- Email coaches film from your list of targeted schools.
 - *Check programs website for current coaches contact information.*
 - *Email head coach as well as one or two assistant coaches.*

ACADEMIC

- Talk to an Academic Counselor about your interest in playing college soccer.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
 - *Keep updated on when to apply to targeted schools.*
- Should have a very narrowed down list of interested majors to study.
- Try your best to get and maintain at least a 3.0 GPA.
- Register for ACT/SAT (or retake ACT/SAT) if you have not already done so.
 - *Check with Academic Counselor about how to register, fees, and dates of exams.*
 - *Check with interested schools if ACT/SAT test scores are required for acceptance.*

JANUARY – JUNE:

ATHLETIC

- Ensure all information and film is updated on SportsRecruits profile.
- Continue to maintain contact with college coaches.
 - *If a desired college is in close proximity share club/tournament game schedule with them.*
- If possible, train with targeted programs.
- If necessary, continue to attend ID Camps.

- Finalize college decision,
- Sign!

ACADEMIC

- Stay in contact and updated with your Academic Counselor.
 - *Academic Counselors are a great resource to take advantage of when questions come up about the college process.*
 - *Apply to targeted schools.*
- Should have a good idea about what you would like to major in.
- Visit/Tour or set up an online tour of desired college campuses.
- Try your best to graduate with at least a 3.0 GPA.