



EMFC Travel Policy

The health and safety of our Eugene Metro players, coaches, and their families remain the top priority in our club's decisions when we travel as a team. While there is risk of spreading COVID-19 during training and games, traveling together provides more opportunities for the virus to spread not only among team members but also from the larger public. We expect that every player and their families make the best decisions to protect the health and safety of their team mates.

What do we know:

If you play sports, you can reduce your risk by playing outdoors, avoiding crowds, and most importantly, getting vaccinated. Social activities and gatherings outside of practices and games are sources of transmission among teammates. Transmission risk is higher for teams with low rates of vaccination. If our teams are considering traveling to other regions or states to participate in sports, they should be aware of COVID-19 activity in that area to inform their decisions. Restrictions may include the prohibition on indoor dining for unvaccinated individuals and requiring proof of vaccination to enter dining or other facilities.

Face coverings and social distancing are very effective in preventing transmission. People may choose to wear a face covering even when not required, and teams should respect and support those individual choices.

In recent weeks, studies and hard facts on the ground have shown that the new Delta variant is much more transmissible, and also affects more younger people. Vaccinated individuals contract COVID-19 at much lower rates than unvaccinated individuals and have less severe illness. Recent data from hospitalizations shows that 95% of the people in Emergency rooms are unvaccinated people.

EMFC Guidelines for Team travel

- All coaches and chaperones who travel with the team have to demonstrate proof of vaccination status
- All players (vaccinated and unvaccinated) have to wear a mask in public indoor settings (transportation, air ports, air plane, hotel or indoor common spaces of houses being rented for team lodging, restaurants).
- Vaccinated players have to show proof of vaccination status to the team manager, those who do not provide proof will be considered unvaccinated for travel planning purposes. This status will only be shared with coaches, chaperones and managers to allow for appropriate room assignments and to assist in contact tracing purposes should that be necessary.
- All players have to get a negative PCR test 1-2 days before the travel date. Vaccinated individuals are at lower risk of contracting COVID-19 and this requirement is being put in place as an additional layer of safety. Players must continue to be cautious after receiving the PCR test to avoid exposure before and during travel - a negative test does not provide immunity from illness. Vaccination continues to be the most effective means to prevent infection and



severe illness. This provision may be modified should testing availability become limited in our community or public health guidance / orders change the feasibility of vaccinated players getting a PCR test.

- Vaccinated players will not be assigned to share rooms with unvaccinated players. We will allow requests of room assignments to accommodate unvaccinated players room together or vaccinated and unvaccinated players room together as long as all parties are comfortable with this arrangement.
- Rooms should not have more than 3-4 team members.
- All efforts should be made to have all team gatherings in hotels or outdoors, and keep public interaction to an absolute minimum. This includes team meals and between game activities.