

# Eugene Metro Fútbol Club

## Winter Skills and Speed Indoor Camp

### December 27 – 29, 2011



**Who: U9 to U18 girls and boys  
(ages 9 to 18) – all skill levels**

**Coaches: Dave Peterson, Bryn Dennehey  
Speed and agility trainer Nick Forrest**

**Where: Springfield Kick City  
1650 28<sup>th</sup> Street  
Springfield**

**When: December 27-29 (Tues,Wed,Thur)  
U9-12 groups 9:00 – 12:00  
U13-18 groups 1:00 – 4:00**

### **Eugene Metro Winter Skills and Speed Indoor Camp Program**

Improve your touch on the ball, juggling, footskills, passing and receiving  
small-sided games and finishing  
Speed and agility training

**Registration fee  
all 3 days \$80  
single day \$35  
Register Online via [www.emfc.org](http://www.emfc.org)**

**Sibling discount: 3-day registration only**-full fee for first player / \$25 off for additional family member

**Bring a snack, water bottle, and a soccer ball**

**and be prepared to have fun and improve your soccer skills and your speed!**For  
more info, see [www.emfc.org](http://www.emfc.org) or e-mail [doc@emfc.org](mailto:doc@emfc.org) call 541-343-5100

Please register online via [www.emfc.org](http://www.emfc.org) and go to Registration. It will help us to know how many campers we will have in the camp. Your online registration also serves as a medical release form.

Please make checks payable to EMFC and send it to

Eugene Metro FC  
PO Box 10914  
Eugene, OR 97440