

EMFC U10 Academy Program (2011 – 2012)

EMFC offers a U10 year-round program in order to train and prepare players for a successful transition into EMFC's competitive program at U11. The annual program includes four modules and begins with the early summer skills academy module in June that is split up in two parts so families can plan a vacation. During the July/August part of this tournament the team plans to take part in at least one summer tournament. Players in this program will also receive their OYSA players card which enables them to play in summer tournaments. The fall module starts after Labor Day and the team will participate in the Kidsports Klassic league and play one year up. All league play will be in an 8 v 8 format. The team will enter a jamboree to be placed appropriately and then play a fall season with most of the games here in Eugene. At the end of the fall season the team will participate in the end-of-season cup. The players will then take a break until early January when they enter the winter indoor module. Two training sessions a week in an indoor facility will focus mainly on technical skill training. Head coaches will facilitate to enter the team in an indoor league but participation in such a league is not part of the program. The spring module will mirror the fall module and the team will participate in the local Kidsports Klassic U11 league. The U10 academy will then finish the season with the participation in the Kidsport Memorial Day tournament.

This is a year round program for those players wanting a higher level of skill building, competition, and commitment than that offered in the Little Metros program. Only U10 players (in fourth grade during 2011 – 2012 school year) can register for this program. Any third graders in 2011 – 2012 must have permission from Director of Coaching for inclusion in this program. This program will assign an EMFC coach to work with committed players.

The program attempts to create a training environment of 12-16 players. Finn Cronin will coach the boys group and Caitlin O'Donnell will coach the girls group. **Registration for this program will be open from May 1 – June 5 and requires a full one-year financial and time commitment to all four modules. On Wednesday, May 18, 2010 we invite all interested players to a 2-hour training session.**

EMFC is going to form a team once we have 10-15 players. If we have more players, EMFC will try to form another team. EMFC will dedicate a head coach for all 4 modules and help coordinate efforts to play in local leagues and tournaments. The teams will be divided up according in such a way that players of like technical and physical abilities play together. We will also take into account mental maturity in the selection process. Director of Coaching Jürgen Ruckaberle will coordinate, promote, register, oversee, and assist the program. Players wanting to make the full year commitment to join the U10 program will pay a total cost of \$595. Tournaments will be charged separately (approx \$50/tournament.) This fee can be paid off over a five month period if desired.

Summer Skills I Program (May 31 – June 17 and July 18-August 12)

7-weeks with EMFC head coach twice a week (14 sessions, 75 minutes/session)

Participation in at least one summer tournament *** extra cost approx. \$50 per tournament ***

Fall Program + league (September 6 – November 6)

8-9 week program with 2 sessions/week with EMFC coach (16 sessions @ 75 minutes/session)

Participation in local Kidsports league at U11 Klassic with about 10 games

Winter Program (January 9 – February 16)

6-week training sessions with EMFC head coach twice a week (12 sessions, 75 minutes/session)

optional participation in indoor league (KickCity – ***extra cost ***)

Spring Program (April 4 – May 28)

8 week program with 2 sessions with EMFC coach (16 sessions, 75 minutes/session)

Participation in Kidsports league at U11 Klassic with 10 games and Kidsport Memorial Day tournament